



PHONEBUDDY

PEER TO PEER SUPPORT

**IF YOU
HAVE BEEN
DIAGNOSED
WITH LUNG
CANCER,**

**WOULDN'T IT HELP TO HAVE
SOMEONE TO TALK TO —
SOMEONE WHO HAS BEEN
THROUGH IT BEFORE?**

Our Phone Buddy Program connects lung cancer patients with others who have been there.

1-800-298-2436

LungCancerAlliance.org



IT GAVE ME HOPE TO KNOW THERE WERE PEOPLE OUT THERE WHO WERE REACHING THE SAME GOAL I HAD—LIVING LIFE AFTER CANCER CAME KNOCKING. TALKING TO AN ACTUAL SURVIVOR WAS A BIG MOTIVATION TO KEEP THE FAITH.

—Phone Buddy Recipient

WHAT IS THE PHONE BUDDY PROGRAM?

Our Phone Buddy Program provides peer-to-peer support for people with lung cancer. A Phone Buddy volunteer lends support and shares information and resources. For many, being able to talk to someone “who has been there” can really make a difference.

HOW CAN HAVING A PHONE BUDDY HELP?

People react to a diagnosis of lung cancer in many different ways. You may experience new and unfamiliar emotions. Talking with someone who has been through similar situations can provide support and understanding that written information and professional advice may not.

A Phone Buddy is sensitive to your situation and can help to prepare you for the future by sharing his or her experiences. Connecting with a Phone Buddy can give you the support you need and help you feel less anxious and uncertain during your journey with lung cancer.

WHO ARE PHONE BUDDY VOLUNTEERS?

All of our Phone Buddies are survivors of lung cancer who went through treatment. Phone Buddies are carefully screened and receive telephone training and support from our professional staff.

Our Phone Buddies have the ability to listen and communicate effectively in an open and accepting way. They also understand the importance of confidentiality.

Many of the Phone Buddies first became involved with the program when they themselves requested a Phone Buddy. Recognizing the importance of phone support and wanting to give back to help others, they became volunteers.

Our Phone Buddies are not medically trained and cannot make treatment recommendations. They also do not provide counseling. If you have needs a Phone Buddy cannot fill, we are here to provide resources and referrals to the services that can help.

HOW CAN YOU GET A PHONE BUDDY?

Call our toll-free HelpLine at 1-800-298-2436. We will talk with you about your situation and ask questions which will help us to make a match. We will do our best to match you with a Phone Buddy who has had experiences similar to yours; whether you are getting ready to start treatment, are currently in treatment or have finished treatment.

LungCancerAlliance.org
1-800-298-2436





LUNG CANCER ALLIANCE

We are the only national non-profit organization dedicated to providing information, support and advocacy for people living with lung cancer and those at risk for the disease.

ENDING INJUSTICE AND
SAVING LIVES THROUGH AN
ALLIANCE OF ADVOCACY,
EDUCATION AND SUPPORT.

1-800-298-2436

LungCancerAlliance.org

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Our programs are made possible by generous support from people like you. Please consider giving back so that others may continue to receive these free services. We are a 501(c)(3) non-profit organization. All donations are tax-deductible to the full extent permitted by law.